



ANAGRAM GROUP



EXECUTIVE COACHING

Take Charge of Your Career



01

What is

EXECUTIVE COACHING?

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Executive Coaching is a very effective process that can deliver high ROI and meaningful change.

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Executive Coaching is a result-oriented systematic process where the coach facilitates the enhancement of work performance. It usually involves the use of an external, professionally-certified executive coach. Executive Coaching is for executives that are open to coaching, open to direct feedback, and willing to work on improving their performance in the workplace, it is a very effective process that can deliver a high ROI and meaningful change.

EXECUTIVE COACHING CAN HELP IN THESE SITUATIONS

- Develop high potential employees
- Set and exceed challenging performance goals
- Improve your leadership skills
- Gain that promotion you've been seeking
- Seek an improvement in specific skills, such as communication, delegation, or emotional intelligence
- Transition into a new role
- Develop a succession plan
- Have an independent, unbiased sounding board
- Obtain clarity on how you're perceived as a leader

02

EXECUTIVE COACHING

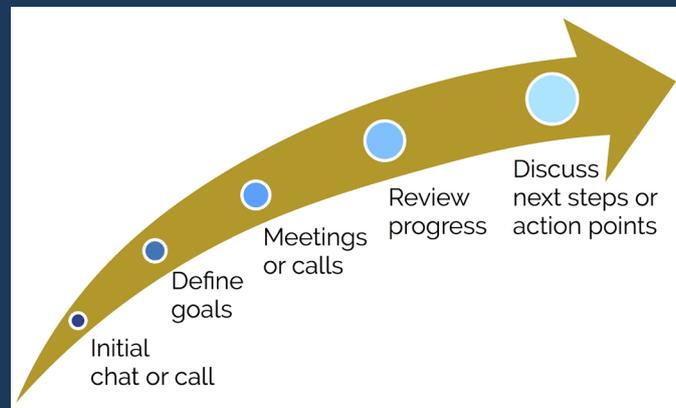
can produce great
results



03

The COACHING PROCESS

The Coaching Process



Duration of Coaching Engagements

Coaching is a process, rather than an hourly solution. Most coaching engagements last 3 to 6 months, these may be extended as new goals emerge.

The frequency of coaching depends on the agreed goals and your schedule. Usually, this will start monthly, and then move to fortnightly thereafter.

What does an Executive Coach do?

Through Skype/phone or in-person one-on-one sessions, an executive coach helps executives think through and tackle their own problems. Self-reliance and critical thinking is the goal.

Executive Coaching Rates

Each session is 1 hour. The frequency and mode of coaching depends on your schedule, preferences and goals.

Complimentary Assessments Worth \$168

DISC Assessment is worth \$150 including online DISC Personality assessment, with a customised 16-page report and consultation.

Also an EQ assessment worth \$18.

Confidentiality

All coaching conversations are kept strictly confidential. Previous clients include individuals in senior management to C-level, and we also conduct group coaching for corporates.



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Coach **PROFILE**

ABOUT MARK STUART, CSP

Awards and Titles:

- Certified Executive Coach
- Certified DISC Behavioural Consultant
- Trainer / Lecturer for Aventis Learning Group, PWC Academy Sri Lanka, Duke University
- Corporate Education and more.
- Group Representative – BritCham Singapore, Entrepreneur Committee

Mark is a sought-after corporate trainer of award-winning training company Anagram Group, and he trains over 200+ MNCs, government agencies, and universities in Innovation, Leadership and Soft Skills. He is also an Executive Coach for private clients from manager to director to CEO level.

Mark is a Certified Speaking Professional (CSP) – one of only 15% of speakers globally with this qualification – the speaking profession's highest earned designation, conferred to international speakers/trainers based on bookings, client ratings and performance.

Prior to training, Mark had 15 years of international management and investment banking experience in the UK, Australia and Asia for Morgan Stanley, Schroders, Goldman Sachs, Abbey National and Salomon Brothers. In these roles, he was a Global and Regional department director, and managed teams from Singapore, China, India and Japan.

Mark designs and delivers Anagram's soft-skills, leadership, management, and new graduate training courses for banks and MNCs in Asia.

This exposure has allowed him to see first-hand what works and what doesn't in a multicultural workplace. His experience leading rapid growth and extensive change gave him invaluable experience in building teams and increasing employee engagement.